

Specials available from Wednesday  
1st July to Tuesday 7th July 2026

WHERE  
SERVICE IS  
MORE THAN  
JUST A  
WORD



**\$1.50**

Greenseas Canned Tuna  
95g Varieties



**\$3.50**

White Wings Baking Mixes  
230-560g Varieties



**\$3.75**

Arnott's Chocolate Coated  
Biscuits 160-200g Varieties



**\$1.50**

Mars Chocolate Bars  
30-50g Varieties



**\$16.50**

Moccona Freeze Dried Instant  
Coffee 200g Varieties



**\$3.99**

Bref In Bowl Toilet  
Cleaner 50g Varieties

*Just Around the Corner*

WHERE  
SERVICE IS  
MORE THAN  
JUST A  
WORD



Pink Lady  
Apples  
**\$5.00**  
per kilo

*See instore for more great fresh specials*



**\$1.50**

Continental Cup A Soup 2 Serve Varieties



**\$2.75**

Thins Potato Chips 150-175g Varieties

BETTER THAN  
1/2  
PRICE



**\$25.00**

Coca-Cola Soft Drink Can 24x375ml Varieties



**\$3.75**

Sunsilk Shampoo & Conditioner 350ml Varieties

BETTER THAN  
1/2  
PRICE

WHERE SERVICE IS MORE THAN JUST A WORD



Nanna's Fruit Pies  
450-600g Varieties

**\$5.00**



Steggles Chicken Tenders  
400g Varieties

**\$6.50**



McCain Roast Lamb  
Frozen Meals  
320g Varieties

**\$5.80**



McCain Pub Style Fries & Wedges  
750g Varieties

**\$4.80**



Patties Party Pies, Sausage Rolls & Pasties  
12 Pack Varieties

**\$7.00**



La Famiglia Garlic Baguette  
Twin Pack 400g

**\$5.60**



Continental Pasta & Sauce  
80g Varieties

**\$1.75**



Heinz Baked Beans & Spaghetti  
300g Varieties

**\$2.00**



Gravox Liquid Gravy Pouch  
165g Varieties

**\$1.99**



White Wings Cake In A Cup Mixes  
220g Varieties

**\$3.00**



White Wings Pancake Shake  
325-350g Varieties

**\$2.80**



Arnott's Vita-Weat Crackers  
250g Varieties

**\$3.00**

Images shown are for advertising purposes & some flavours or varieties may not be available



Community Co Baby Leaf Salad Mix 300g & Baby Spinach 280g Varieties

**\$4.80**



Sakata Rice Crackers  
80-90g Varieties

**\$1.50**



Queen Pure Maple Syrup  
250ml

**\$9.00**



Campbell's V8 Vegetable Juice  
1.25 Litre Varieties

**\$3.25**

WHERE SERVICE IS MORE THAN JUST A WORD



Coca-Cola Soft Drink Mini Cans  
6x250ml Varieties

**\$6.00**



Dine Gourmet Cat Food  
85g Varieties

**\$2.00**



VIP Dog Roll  
3kg Varieties

**\$6.75**



U by Kotex Sport Sanitary Pads  
10-12 Pack Varieties

**\$3.75**



Kleenex Complete Clean Toilet Roll  
12 Pack

**\$5.49**

For your nearest participating Friendly Grocer store: [www.friendlygrocer.com.au](http://www.friendlygrocer.com.au)