



\$4.49



Ingham's Chicken Nuggets 400g




\$5.00

Nestle Chocolate Blocks
118-180g Varieties




\$1.50

SPC Baked Beans & Spaghetti 420-425g Varieties




\$4.40

CSR Brown Sugar 1kg



\$3.99

Sanitarium Up & Go Breakfast Drink 3x250ml Varieties



\$11.50

Coca-Cola Soft Drink Can 10x375ml Varieties



Just Around the Corner



\$3.50
each

Blueberries 125g

See instore for more great fresh specials




\$6.00

Birds Eye Oven Bake Fish 425g Varieties




\$3.00

Kettle Potato Chips 150-165g Varieties




\$4.50

Nescafe Coffee Sachets 8-10 Pack Varieties




\$1.75

Golden Circle Fruit Juice 1 Litre Varieties

For your nearest participating Friendly Grocer store: www.friendlygrocer.com.au



Meadow Lea Original Spread 250g

\$2.45



Daily Juice Fruit Juice 2 Litre Varieties

\$6.15



Green's Baking Mixes 275-600g Varieties

\$4.50



Green's Pancake Shake 325-375g Varieties

\$3.00



Heinz Big 'N Chunky Soup 520-535g Varieties

\$2.50



Leggo's Pasta Sauce 490-500g Varieties

\$3.25



Cobs Popcorn 80-120g Varieties

\$3.00



Lee Kum Kee Soy Sauce 150ml

\$3.00



Doritos Salsa 300g Varieties

\$2.75



Sakata Rice Crackers 80-90g Varieties

\$1.75



Smith's Crackers 160g Varieties

\$2.00



Powerade Sports Drink 600ml Varieties Not Chilled

\$2.30

WHERE SERVICE IS MORE THAN JUST A WORD



Community Co Baby Spinach & Rocket 100g & Aussie Salad Mix 110g Varieties

\$2.40



Pepsi Soft Drink Bottle 2 Litre Varieties Not Chilled

\$3.40

WHERE SERVICE IS MORE THAN JUST A WORD



MyDog Canned Dog Food 400g Varieties

\$1.75



Dine at Food 85g Varieties

\$1.00



Libra Dry Sanitary Pads 12 Pack Varieties

\$3.50



Glade Air Freshener 200g Varieties

\$2.80



Preen Vanish Spray 500ml Varieties

\$5.50



Sard Laundry Soaker 900g-1kg Varieties

\$5.50



Comfort Fabric Softener 900ml Varieties

\$7.00